



	Batting <i>Lite</i> two-2 oz.	Batting three-2 oz.
Girls and Women		
Minor League	x	n/r
Major League	x	n/r
High School	x	n/r
College	x	n/r
Boys and Men		
Little League	x	n/r
Senior League	x	n/r
High School	-	x
College	-	x

(n/ r) not recommended



	OnDeck <i>Lite</i> 3 oz.	OnDeck 4 oz.
Girls and Women		
Minor League	x	n/r
Major League	x	n/r
High School	x	n/r
College	x	n/r
Boys and Men		
Little League	x	n/r
Senior League	x	n/r
High School	x	x
College	x	x

(n/ r) not recommended